



Bridge to Support Leaflet

A service delivered by Health in Mind that is here for survivors in Scotland of childhood abuse by the Jesuits or their staff.

Telephone number: 0131 243 0136

Email: bridgetosupport@health-in-mind.org.uk

Website: www.bridgetosupport.org.uk

Facebook: BridgetoSupport

Twitter: @bridgetosupprt

What is Bridge to Support?

Bridge to Support is available to people who:

- Were abused by the Jesuits or their staff
- Currently live in Scotland
- Do not wish to be in contact with the Jesuits at this stage
- Were under the age of 18 when they were abused

How we can help

We work together with people to find the right support that can help them achieve their goals. The type of support that is available includes counselling and psychological trauma support.

Bridge to Support is a free service and getting help is quick and easy.

Telephone number: 0131 243 0136

Email: Bridgetosupport@health-in-mind.org.uk

Or complete the contact form on our website

www.bridgetosupport.org.uk.

When people first get in touch, we will ask for a name and contact number, and for them to confirm that this is the right service for them. We will not ask for any personal information.

Who is Health in Mind?

Health in Mind is an independent Scottish mental health charity based in Edinburgh.

We've been promoting positive mental health and wellbeing in Scotland since 1982. Our hopeful and caring approach supports and empowers each person to live the life they want to live. We offer flexibility and choice through our range of services and support people to make changes and improve their quality of life.

We are a trauma-informed organisation, which means all our staff have an understanding of the impact trauma can have on survivors who are seeking support. We have specialist experience supporting survivors of abuse and our staff have the knowledge and skills to make a positive difference to the lives of those who have been impacted by trauma.

For more information, visit: www.health-in-mind.org.uk.

Find out more

If you'd like to learn more about the service, visit our website www.bridgetosupport.org.uk.

Health in Mind is a charity registered in Scotland SC004128 and a company limited by guarantee, registered in Scotland SC124090. The registered office is at 40 Shandwick Place, Edinburgh EH2 4RT.